

# God's Promises • Do Not Worry

Here are some Bible promises from God that help us know that we can trust God. He will never forget about us, abandon us or let us suffer needlessly. Please read the new and let your faith in Him be strengthened.

**A. Psalm 23:4** Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

**B. Psalm 55:22** Cast your burden on the LORD, and he will sustain you; he will never permit the righteous to be moved.

**C. Psalm 56:3** When I am afraid, I put my trust in you.

**D. Psalm 121:1-2** I lift up my eyes to the hills. From where does my help come? My help comes from the LORD, who made heaven and earth.

**E. Proverbs 3:5-6** Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

**F. Isaiah 41:10** So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

**G. Isaiah 43:1-3** But now thus says the LORD, he who created you, O Jacob, he who formed you, O Israel: "Fear not, for I have redeemed you; I have called you by name, you are mine. When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. For I am the LORD your God, the Holy One of Israel, your Savior.

**H. Jeremiah 29:11** For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

**I. Matthew 6:25-27 & 34** "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life?"

**J. Matthew 6:33-34** "Seek first His kingdom and His righteousness, and all these things will be added to you. Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."

**K. Matthew 11:28-30** "Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

**L. Luke 21:14-15, 18-19** But make up your mind not to worry beforehand how you will defend yourselves. For I will give you words and wisdom that none of your adversaries will be able to resist or contradict.... But not a hair of your head will perish. Stand firm, and you will win life.

**M. John 14:1** Do not let your hearts be troubled. You believe in God; believe also in me.

**N. John 14:27** "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid."

**O. Romans 8:28** And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

**P. Romans 8:31-32** What then shall we say to these things? If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?

**Q. Romans 8:38-39** For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

**R. 1 Corinthians 10:13** No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

**S. Philippians 4:6-7** do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

**T. Colossians 3:15** And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

**U. 2 Thessalonians 3:16** Now may the Lord of peace himself give you peace at all times in every way. The Lord be with you all.

**V. Hebrews 13:6** So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?"

**W. 1 Peter 5:7** Cast all your anxiety on him because he cares for you.

**X. 1 Peter 5:6-11** Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you. Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings. And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. To him be the power for ever and ever. Amen.

I'm praying for you. May God bless you!

Pastor John Jenson